

EFFECT OF WEATHER FLUCTUATION ON HEALTH OF PEOPLE IN LUCKNOW, U. P.

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ABSTRACT

The goats provide meat, milk, hair, skin, manure and are used as experimental animal. Capra indica reported to suffer severely from the seasonal incidence of amphistomes in vertebrate hosts in U.P., India. This present study deals with the seasonal incidence of infection of Paramphistomum spp. and Gastrothylax spp. In Capra indica in Lucknow, the capital of Uttar Pradesh, during July 1998 to March 2000. During this period the maximum temperature ranged from 41.90 to 39.50 in the summer and dropped to as low as 6.50 to 7.57 in winter. Maximum intensity of infection was found in the months of October to January.

The ahistomes are widely prevalent in tropical countries. This parasite causes malnutrition economic losses in these countries including India.

Key Words: *Amphistomes, goat's meat, malnutrition, weather fluctuation and seasonal disease.*

INTRODUCTION

"Health is wealth". There is nothing in our life more valuable than good health. Without health there is no happiness, no peace and no success. Health condition depends on a number of factors like human behaviour, weather changes, sanitation etc. The most important factor affecting human health is the fluctuation in weather condition. Weather is the continuously changing condition of the atmosphere usually considered on a time scale that extent from minutes to weeks. Climate change can even occur on daily human health and well being. It is a well-established fact that weather is associated with many seasonal diseases.

It is a well-known fact that weather pollution associated with the seasonal incidence of the amphistomes in goats in Lucknow, U. P.

MATERIAL AND METHOD

In the present study rumen of male goats (*Cupra Indica*) were collected from local slaughter houses in Bashiratganj and Subhash-Marg, Lucknow. The parasites were taken out and counted.

RESULTS

Literature is scanty about the seasonal incidence of amphistomes in vertebrate hosts in U.P., India. This

present study deals with the seasonal incidence of infection of Paramphistomum spp. and Gastrothylax spp. in Capra indica in Lucknow, the capital of Uttar Pradesh, during July 1998 to March 2000. During the period the maximum temperature ranged from 41.90 to 39.50 in the summer and dropped to as low as 6.50 to 7.57 in winter. Maximum intensity of infection was found in the month of October to January. A maximum of 25 rumens infected with amphistomes, 8 rumens infected with

Paramphistomum spp., 10 rumens infected with Gastrothylax spp. And 16 rumens infected with Paramphistomum spp. and Gastrothylax spp. were collected from goats per month.

The author has observed that mixed infection were most prevalent

The results indicate that maximum incidence was observed in winter followed by monsoon, spring and summer.

Table-1

Temperature, humidity and rainfall. as recorded in Lucknow from July 1998 to March 2000

| S.No. | Months | Temperature in °C | | Humidity in percentage | Rainfall in mm |
|-------|---------------|-------------------|---------|------------------------|--------------------|
| | | Maximum | Minimum | | |
| 1 | July' 98 | 33.35 | 25.66 | 86.86 | 8.00 |
| 2 | August' 98 | 32.56 | 25.40 | 83.50 | 17.00 |
| 3 | September' 98 | 34.00 | 24.32 | 85.50 | 9.30 |
| 4 | October' 98 | 31.13 | 20.65 | 69.00 | 0.60 |
| 5 | November' 98 | 29.40 | 15.08 | 63.25 | 0.00 |
| 6 | December' 98 | 25.20 | 8.23 | 58.40 | 0.00 |
| 7 | January' 99 | 18.58 | 6.50 | 54.67 | 0.00 |
| 8 | February' 99 | 25.42 | 10.22 | 44.83 | 0.00 |
| 9 | March' 99 | 33.10 | 14.70 | 25.88 | 0.00 |
| 10 | April' 99 | 39.50 | 20.00 | 16.00 | 0.00 |
| 11 | May' 99 | 41.90 | 26.86 | 15.10 | 0.00 |
| 12 | June' 99 | 39.27 | 26.33 | 62.67 | 10.70 [^] |
| 13 | July' 99 | 38.15 | 23.26 | 78.60 | 4.65 |
| 14 | August' 99 | 32.27 | 20.78 | 85.33 | 4.12 |
| 15 | September' 99 | 33.00 | 25.98 | 83.92 | 3.79 |
| 16 | October' 99 | 32.51 | 21.12 | 73.00 | 1.60 |
| 17 | November' 99 | 26.80 | 13.17 | 63.40 | 0.00 |
| 18 | December' 99 | 25.65 | 9.50 | 63.23 | 0.00 |

| | | | | | |
|----|----------------|-------|-------|-------|------|
| 19 | January' 2000 | 22.71 | 7.57 | 60.43 | 0.00 |
| 20 | February' 2000 | 25.30 | 9.33 | 58.51 | 0.00 |
| 21 | March' 2000 | 34.70 | 15.50 | 39.60 | 0.00 |

Table-2**Number of amphistomes obtained from rumen of *Capra indica* from July 1998 to March 2000 in Lucknow**

| S.No. | Months | Total no. of rumens examined | Total no. of rumens infected with amphistomes | Percentage of infection |
|-------|-------------------------|------------------------------|---|-------------------------|
| 1 | July' 98 | 36 | 17 | 47.22 |
| 2 | August' 98 | 36 | 25 | 69.44 |
| 3 | September' 98 | 34 | 21 | 61.76 |
| 4 | October' 98 | 36 | 25 | 69.44 |
| 5 | November' 98 | 34 | 20 | 58.82 |
| 6 | December' 98 | 36 | 19 | 52.77 |
| 7 | January' 99 | 34 | 22 | 64.70 |
| 8 | February' 99 | 32 | 17 | 53.13 |
| 9 | March' 99 | 36 | 13 | 36.11 |
| 10 | April' 99 | 34 | 7 | 20.59 |
| 11 | May' 99 | 36 | 6 | 16.67 |
| 12 | June' 99 | 34 | 10 | 29.41 |
| 13 | July' 99 | 36 | 15 | 41.66 |
| 14 | August' 99 | 34 | 22 | 64.71 |
| 15 | September' 99 | 36 | 23 | 63.88 |
| 16 | October' 99 | 34 | 22 | 64.71 |
| 17 | November' 99 | 32 | 19 | 59.38 |
| 18 | December' 99 | 35 | 20 | 57.14 |
| 19 | January' 2000 | 32 | 22 | 68.75 |
| 20 | February' 2000 | 35 | 17 | 48.57 |
| 21 | March ¹ 2000 | 42 | 17 | 40.47 |

Table-3

Number of *Paramphistomum* spp. obtained from rumen of *Capra indica* from July 1998 to March 2000 in Lucknow

| S.No. | Months | Total no. of rumens examined | Total no. of rumens infected with <i>Paramphistomum</i> spp. | Percentage of infection |
|-------|----------------|------------------------------|--|-------------------------|
| 1 | July' 98 | 36 | 4 | 11.11 |
| 2 | August' 98 | 36 | 7 | 19.44 |
| 3 | September' 98 | 34 | 5 | 14.71 |
| 4 | October' 98 | 36 | 2 | 5.56 |
| 5 | November' 98 | 34 | 5 | 14.71 |
| 6 | December' 98 | 36 | 7 | 19.44 |
| 7 | January' 99 | 34 | 5 | 14.71 |
| 8 | February' 99 | 32 | 2 | 6.25 |
| 9 | March' 99 | 36 | 4 | 11.11 |
| 10 | April' 99 | 34 | 3 | 8.82 |
| 11 | May' 99 | 36 | 0 | 0.00 |
| 12 | June' 99 | 34 | 5 | 14.71 |
| 13 | July' 99 | 36 | 3 | 8.33 |
| 14 | August' 99 | 34 | 2 | 5.88 |
| 15 | September' 99 | 36 | 6 | 16.67 |
| 16 | October' 99 | 34 | 8 | 23.50 |
| 17 | November' 99 | 32 | 3 | 9.38 |
| 18 | December' 99 | 35 | 5 | 14.29 |
| 19 | January' 2000 | 32 | 2 | 6.25 |
| 20 | February' 2000 | 35 | 6 | 17.14 |
| 21 | March' 2000 | 42 | 4 | 9.52 |

Table-4**Number of *Gastrothylax* spp. obtained from rumen of *Capra indica* from July 1998 to March 2000 in Lucknow**

| S.No. | Months | Total no. of rumens examined | Total no. of rumens infected with <i>Gastrothylax</i> spp. | Percentage of infection |
|-------|----------------|------------------------------|--|-------------------------|
| 1 | July' 98 | 36 | 4 | 11.11 |
| 2 | August' 98 | 36 | 5 | 13.89 |
| 3 | September' 98 | 34 | 6 | 17.65 |
| 4 | October' 98 | 36 | 7 | 19.44 |
| 5 | November' 98 | 34 | 7 | 20.58 |
| 6 | December' 98 | 36 | 9 | 25.00 |
| 7 | January' 99 | 34 | 8 | 23.52 |
| 8 | February' 99 | 32 | 8 | 25.00 |
| 9 | March' 99 | 36 | 3 | 8.33 |
| 10 | April' 99 | 34 | 1 | 2.94 |
| 11 | May' 99 | 36 | 2 | 5.56 |
| 12 | June' 99 | 34 | 2 | 5.88 |
| 13 | July' 99 | 36 | 5 | 13.89 |
| 14 | August' 99 | 34 | 7 | 20.59 |
| 15 | September' 99 | 36 | 10 | 27.78 |
| 16 | October' 99 | 34 | 5 | 14.70 |
| 17 | November' 99 | 32 | 5 | 15.63 |
| 18 | December' 99 | 35 | 1 | 2.89 |
| 19 | January' 2000 | 32 | 7 | 21.88 |
| 20 | February' 2000 | 35 | 5 | 14.29 |
| 21 | March' 2000 | 42 | 1 | 2.38 |

Table-5

Number of parasites (*Paramphistomum* spp. and *Gastrothylax* spp.) obtained from rumen of *Capra indica* from July 1998 to March 2000 in Lucknow

| S.No. | Months | Total no. of rumens examined | Total no. of rumens infected with <i>Paramphistomum</i> spp. and <i>Gastrothylax</i> spp. | Percentage of mixed infection |
|-------|----------------|------------------------------|---|-------------------------------|
| 1 | July' 98 | 36 | 9 | 25.00 |
| 2 | August' 98 | 36 | 11 | 36.11 |
| 3 | September' 98 | 34 | 16 | 29.41 |
| 4 | October' 98 | 36 | 16 | 44.44 |
| 5 | November' 98 | 34 | 8 | 23.53 |
| 6 | December' 98 | 36 | 3 | 8.33 |
| 7 | January' 99 | 34 | 9 | 26.47 |
| 8 | February' 99 | 32 | 7 | 21.88 |
| 9 | March' 99 | 36 | 6 | 16.67 |
| 10 | April' 99 | 34 | 3 | 8.82 |
| 11 | May' 99 | 36 | 4 | 11.11 |
| 12 | June' 99 | 34 | 3 | 8.81 |
| 13 | July' 99 | 36 | 7 | 19.44 |
| 14 | August' 99 | 34 | 13 | 38.24 |
| 15 | September' 99 | 36 | 7 | 19.43 |
| 16 | October' 99 | 34 | 9 | 26.47 |
| 17 | November' 99 | 32 | 11 | 34.38 |
| 18 | December' 99 | 35 | 14 | 40.00 |
| 19 | January' 2000 | 32 | 13 | 40.63 |
| 20 | February' 2000 | 35 | 6 | 17.14 |
| 21 | March' 2000 | 42 | 12 | 28.57 |

Table-6

The seasonal intensity of infection of amphistomes obtained from rumen of goats from July 1998 to March 2000 in Lucknow

| S.No. | Months | Seasons | Total no. of rumens examined | No. of infected rumens | Percentage infection |
|-------|------------------------------|---------|------------------------------|------------------------|----------------------|
| 1 | July' 98 to September 1998 | Monsoon | 106 | 63 | 59.43 |
| 2 | October 1998 to January 1999 | Winter | 140 | 86 | 61.43 |
| 3 | February 1999 to March 1999 | Spring | 68 | 30 | 44.11 |
| 4 | April 1999 to June 1999 | Summer | 104 | 23 | 22.12 |
| 5 | July 1999 to September 1999 | Monsoon | 106 | 60 | 56.60 |
| 6 | October 1999 to January 2000 | Winter | 133 | 83 | 62.41 |
| 7 | February 2000 to March 2000 | Spring | 77 | 34 | 44.16 |

Table-7

The seasonal intensity of infection of *Paramphistomum* spp. obtained from rumen of goats from July 1998 to March 2000 in Lucknow

| S.No. | Months | Seasons | Total no. of rumens examined | No. of infected rumens | Percentage of infection |
|-------|------------------------------|---------|------------------------------|------------------------|-------------------------|
| 1 | July 1998 to September 1998 | Monsoon | 106 | 16 | 15.09 |
| 2 | October 1998 to January 1999 | Winter | 140 | 19 | 13.57 |
| 3 | February 1999 to March 1999 | Spring | 68 | 6 | 8.82 |
| 4 | April 1999 to June 1999 | Summer | 104 | 8 | 7.69 |
| 5 | July 1999 to September 1999 | Monsoon | 106 | 16 | 15.09 |

| | | | | | |
|---|---------------------------------|--------|-----|----|-------|
| 6 | October 1999 to January 2000 | Winter | 133 | 18 | 13.53 |
| 7 | February 2000 to March 2000 | Spring | 77 | 10 | 12.99 |

Table-8

The seasonal intensity of infection of *Gastrothylax* spp. obtained from rumen of goats from July 1998 to March 2000 in Lucknow

| S.No. | Months | Seasons | Total no. of rumens examined | No. of infected rumens | Percentage of infection |
|-------|---------------------------------|---------|------------------------------------|---------------------------|----------------------------|
| 1 | July 1998 to September 1998 | Monsoon | 106 | 15 | 14.15 |
| 2 | October 1998 to January 1999 | Winter | 140 | 31 | 22.14 |
| 3 | February 1999 to March 1999 | Spring | 68 | 11 | 16.18 |
| 4 | April 1999 to June 1999 | Summer | 104 | 5 | 4.81 |
| 5 | July 1999 to September 1999 | Monsoon | 106 | 22 | 20.75 |
| 6 | October 1999 to January 2000 | Winter | 133 | 18 | 13.53 |
| 7 | February 2000 to March 2000 | Spring | 77 | 6 | 7.79 |

Table-9

The seasonal intensity of mixed infection of *Paramphistomum* spp. and *Gastrothylax* spp. obtained from rumen of goats from July 1998 to March 2000 in Lucknow

| S.No. | Months | Seasons | Total no. of rumens examined | No. of infected rumens | Percentage of infection |
|-------|------------------------------|---------|------------------------------|------------------------|-------------------------|
| 1 | July 1998 to September 1998 | Monsoon | 106 | 32 | 30.18 |
| 2 | October 1998 to January 1999 | Winter | 140 | 36 | 25.71 |
| 3 | February 1999 to March 1999 | Spring | 68 | 13 | 19.12 |
| 4 | April 1999 to June 1999 | Summer | 104 | 10 | 9.62 |
| 5 | July 1999 to September 1999 | Monsoon | 106 | 27 | 25.47 |
| 6 | October 1999 to January 2000 | Winter | 133 | 47 | 35.34 |
| 7 | February 2000 to March 2000 | Spring | 77 | 18 | 23.38 |

DISCUSSION

Now a days health is one of the most burning topic in the world so to find out how weather fluctuations and high humidity effects the occurrence of *Paramphistomum* spp and *Gastrothylax* spp. in goats Lucknow. U. P.

India provides hot and humid climate, which is suitable to the proliferation of parasites. Besides, inadequate condition in our country ensure a free passage of parasites from one host to another, as it is impossible to protect any host from every possible source of infection.

In the present study it has been observed that infection of amphistomes in *Capra Indica* was more prevalent in the months of October to January. The finding of the present study confirms to these of Moghe, M.A.(1945), Nath, D.(1971),

Varma, T.K et al.(1989), M.M.R. et al (1990), Rolfe, P.E. et al.(1991), Negesse, T. (1994).

This could be possible since the incidence of parasites is directly related to the availability of the intermediate hosts, the snails, cercariae and metacercariae in the area. It is a well established fact that monsoon provided the best suitable conditions for breeding of snails and to multiply its population to a great extent. Thus many snails are available to be infected with larval forms (miracidia) of these flukes and approximately after four to six weeks, the infected snail discharge cercariae that encyst on grass blades for further infection to the host, which is evident from the present results. After and before the monsoon, snail population starts decreasing, resulting in poor population of parasites in ruminants.

An in depth study of amphistomes infection in ruminants appears to be an essential pre-requisite before tangible conclusions can be drawn. Control of parasites certainly requires a multi-dimensional approach in the present day management programmes instead of linear approach.

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